



Central Manchester University Hospitals **NHS**  
NHS Foundation Trust

**SAINT MARY'S DIVISION**

**Maternity Transformation**

**Antenatal Ferritin Management**

- **Women with a normal haemoglobin level and a ferritin < 30 should be offered ONE of the following doses of iron:**

Ferrous sulphate	200mg once a day
Ferrous fumarate	200mg once a day
Ferrous gluconate	300mg twice a day
Sytron (Ferrous/Feredetate)	5mls twice a day
Pregaday	1 tablet per day

**They should have a repeat ferritin and haemoglobin checked after 8 weeks of treatment. This can be done in the community.**

**Women who are anaemic should receive ONE of the following doses of iron:**

Ferrous sulphate	200mg 2-3 times per day
Ferrous fumarate	200mg 2-3 times per day
Ferrous gluconate	300mg 2 tablets (600mg) 2-3 times a day
Sytron (Ferrous/Feredetate)	10mls 2-3 times per day

**They should have haemoglobin checked after 2-4 weeks of treatment to ensure response. This can be done in the community. Once haemoglobin is in the normal range, treatment should continue for 3 months or until 6 weeks postpartum to replenish iron stores.**